

Dish	Cereals containing gluten	Celery	Eggs	Fish Crustaceans and Molluscs	Milk	Mustard	Peanuts	Other Nuts	Sesame Seeds	Soya	Sulphur Dioxide and Sulphites	Lupin Seeds and Flour
Soup – Scotch Broth	✓	✓										
Soup – Golden Vegetable	✓	✓										
Soup – Bacon/sweetcorn chowder					✓							
Soup – Cream of Tomato		✓			✓						✓	
Soup – Potato Soup	✓	✓									✓	
Soup – Cream of Chicken	✓	✓			✓							
Soup – Chicken Noodle Soup	✓	✓	✓							✓		
Soup – Lentil	✓											
Soup – Mushroom			✓		✓							
Starter – Halloumi Fries	✓		✓		✓	✓			✓			✓
Starter – Pate	✓				✓	✓		✓				
Starter – Black Pudding Salad	✓					✓						
Starter – Prawn Cocktail			✓	✓		✓					✓	
Starter – Smoked Salmon			✓	✓		✓						
Starter – Cullen Skink				✓	✓						✓	
Starter – Cauliflower Bites	✓					✓						
Starter – Mini Camembert	✓				✓						✓	
Main – Roast Chicken	✓	✓	✓		✓	✓				✓	✓	
Main – Pasta Carbonara	✓		✓		✓							
Main – Katsu Salmon	✓			✓								
Main – Lamb Kofta Pitta	✓											
Main – Roast Beef	✓		✓		✓	✓						
Main – Club Sandwich	✓		✓		✓	✓						
Main – Tex Mex Burger	✓		✓		✓	✓						✓
Main – Bacon/Cheese Burger	✓		✓		✓							
Main – Blue Cheese Burger	✓		✓		✓							
Main – Macaroni Bake	✓		✓		✓							
Main – Breaded Scampi	✓		✓	✓	✓							✓
Main – Teriyaki Beef/Chicken	✓				✓	✓				✓		
Main – Haddock Fillet	✓		✓	✓	✓							✓
Main – Mangalore Curry				✓		✓						

Monkfish

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Main – Cajun Chicken	✓				✓					✓		
Main – Gammon Platter			✓			✓					✓	
Main – Chicken Platter			✓			✓					✓	
Main – Salmon Platter			✓	✓		✓					✓	
Main – Beef Platter			✓			✓					✓	
Main – Prawn Platter			✓	✓		✓					✓	
Main – Cheese Salad			✓		✓	✓					✓	
Lunch- Baked Potato (Cajun veg)	✓		✓		✓	✓				✓	✓	
Lunch- Baked Potato (Cheese)			✓		✓	✓					✓	
Lunch- Baked Potato (Prawn)			✓	✓		✓					✓	
Lunch- Baked Potato (Haddock)	✓			✓	✓						✓	
Lunch- Baked Potato (tuna Mayo)				✓	✓							
Lunch – Bagel (Salmon)	✓		✓	✓	✓	✓						✓
Lunch – Chicken Caesar Salad	✓		✓		✓	✓						
Lunch – Bagel (Egg/Cheese)	✓		✓		✓							
Sides – Garlic Mushrooms					✓						✓	
Sides – Sweet Potato Fries		✓										✓
Sides - Coleslaw			✓			✓						
Sides – Side Salad			✓			✓					✓	
Sides – Port & Red wine sauce	✓	✓				✓						
Sides – Diane Sauce	✓	✓		✓	✓	✓						
Sides – Peppered Sauce	✓	✓			✓	✓						
Sides – Blue cheese sauce	✓	✓			✓	✓						✓
Sides – Garlic Butter					✓							
Desserts- choc fudge brownie			✓									✓
Desserts- passionfruit posset					✓							
Desserts-												
Desserts- Sticky toffee pudding	✓		✓		✓							✓
Desserts- vegan sticky toffee										✓		
Desserts- Cheesecake	✓		✓		✓							✓
Desserts- banan-mel Sundae	✓				✓							
Desserts- Ice-cream selection					✓							
Desserts- Cheeseboard	✓				✓				✓			
Desserts- peach melba pavlova			✓		✓							

