

Dish	Cereals containing gluten	Celery	Eggs	Fish Crustaceans and Molluscs	Milk	Mustard	Peanuts	Other Nuts	Sesame Seeds	Soya	Sulphur Dioxide and Sulphites	Lupin Seeds and Flour
<b>Soup</b> – Scotch Broth	✓	✓										
<b>Soup</b> – Golden Vegetable	✓	✓										
<b>Soup</b> – Bacon/sweetcorn chowder					✓							
<b>Soup</b> – Cream of Tomato		✓			✓						✓	
<b>Soup</b> – Potato Soup	✓	✓									✓	
<b>Soup</b> – Cream of Chicken	✓	✓			✓							
<b>Soup</b> – Chicken Noodle Soup	✓	✓	✓							✓		
<b>Soup</b> – Lentil	✓											
<b>Soup</b> – Mushroom			✓		✓							
<b>Starter</b> – Mac n cheese Bites	✓		✓		✓							✓
<b>Starter</b> – Pate	✓				✓	✓		✓				
<b>Starter</b> – Greek Salad	✓											✓
<b>Starter</b> – Prawn Cocktail			✓	✓		✓					✓	
<b>Starter</b> – Smoked Salmon			✓	✓		✓						
<b>Starter</b> – Cullen Skink				✓	✓						✓	
<b>Starter</b> – Cauliflower Bites	✓					✓						
<b>Starter</b> – Mini Camembert	✓				✓						✓	
<b>Main</b> – Roast Chicken	✓	✓	✓		✓	✓				✓	✓	
<b>Main</b> – Chicken Parmigiana	✓		✓		✓							
<b>Main</b> – Pasta Arrabbiata	✓				✓							
<b>Main</b> – Chilli & lime salmon				✓								
<b>Main</b> – Roast Beef	✓		✓		✓	✓						
<b>Main</b> – Club Sandwich	✓		✓		✓	✓						
<b>Main</b> – Tex Mex Burger	✓		✓		✓	✓						✓
<b>Main</b> – Bacon/Cheese Burger	✓		✓		✓							
<b>Main</b> – Blue Cheese Burger	✓		✓		✓							
<b>Main</b> – Macaroni Bake	✓		✓		✓							
<b>Main</b> – Breaded Scampi	✓		✓	✓	✓							✓
<b>Main</b> – Teriyaki Beef/Chicken	✓				✓	✓				✓		
<b>Main</b> – Haddock Fillet	✓		✓	✓	✓							✓
<b>Main</b> – Duck Stirfry	✓			✓					✓	✓		



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<b>KIDS – Tomato Soup</b>					✓							
<b>KIDS – Melon Balls</b>												
<b>KIDS – Sausages &amp; Chips</b>	✓											✓
<b>KIDS – Chicken Strips</b>	✓											✓
<b>KIDS – Mini Pizza</b>	✓				✓							✓
<b>KIDS – Cheesy Pasta</b>	✓		✓		✓							✓
<b>KIDS – Mini Fish</b>	✓		✓	✓	✓							✓
<b>KIDS – Raspberry Sponge</b>	✓		✓		✓			✓				
<b>KIDS – Jelly &amp; icecream</b>					✓							
<b>High Tea – Liver &amp; Bacon</b>												
<b>High Tea – Macaroni Bake</b>	✓		✓		✓	✓						✓
<b>High Tea – Gammon Steak</b>												
<b>High Tea – Sausage, bacon etc</b>	✓		✓									✓
<b>High Tea – Smoked Haddock</b>			✓	✓	✓							
<b>Desserts- caramel profiteroles</b>	✓		✓		✓							✓
<b>Desserts- sorbet Duo</b>												
<b>Desserts- gingerpear sponge</b>	✓		✓									✓
<b>Desserts- Sticky toffee pudding</b>	✓		✓		✓							✓
<b>Desserts- vegan sticky toffee</b>	✓									✓		✓
<b>Desserts- Cheesecake GF</b>					✓							
<b>Desserts- brownie Sunday</b>	✓		✓		✓							✓
<b>Desserts- Ice-cream selection</b>					✓							
<b>Desserts- Cheeseboard</b>	✓				✓				✓			
<b>Desserts- pavlova</b>			✓		✓							

